

DIY: Spearmint & Rosemary Soap

Ingredients:

1 lb Shea butter [melt-and-pour soap base](#)

30 drops of Spearmint essential oil ([where to buy](#))

30 drops of Rosemary essential oil ([where to buy](#))

Soap mold or [silicone cupcake molds](#)

Optional: dried herbs (fresh herbs will turn brown)

Instructions:

1. Cut soap base into cubes and place in a microwave safe bowl.
2. Melt the soap into liquid form in increments of 30 seconds.
3. Add a handful of dried herbs to the bottom of the molds.
4. Stir in spearmint & rosemary essential oils into melted soap base (or other oils of your choosing).
5. Let molds sit for an hour.
6. Remove soap from mold. Wrap in cellophane and tie with ribbon if gifting.

Makes 12 small soaps.